

TU Dublin Career Development Centre

LOVE YOUR CAREER



Mon, 8 Feb, 9-9.30

Presenter: Edel
Kearney

**What Jobs Would
Suit Me?**

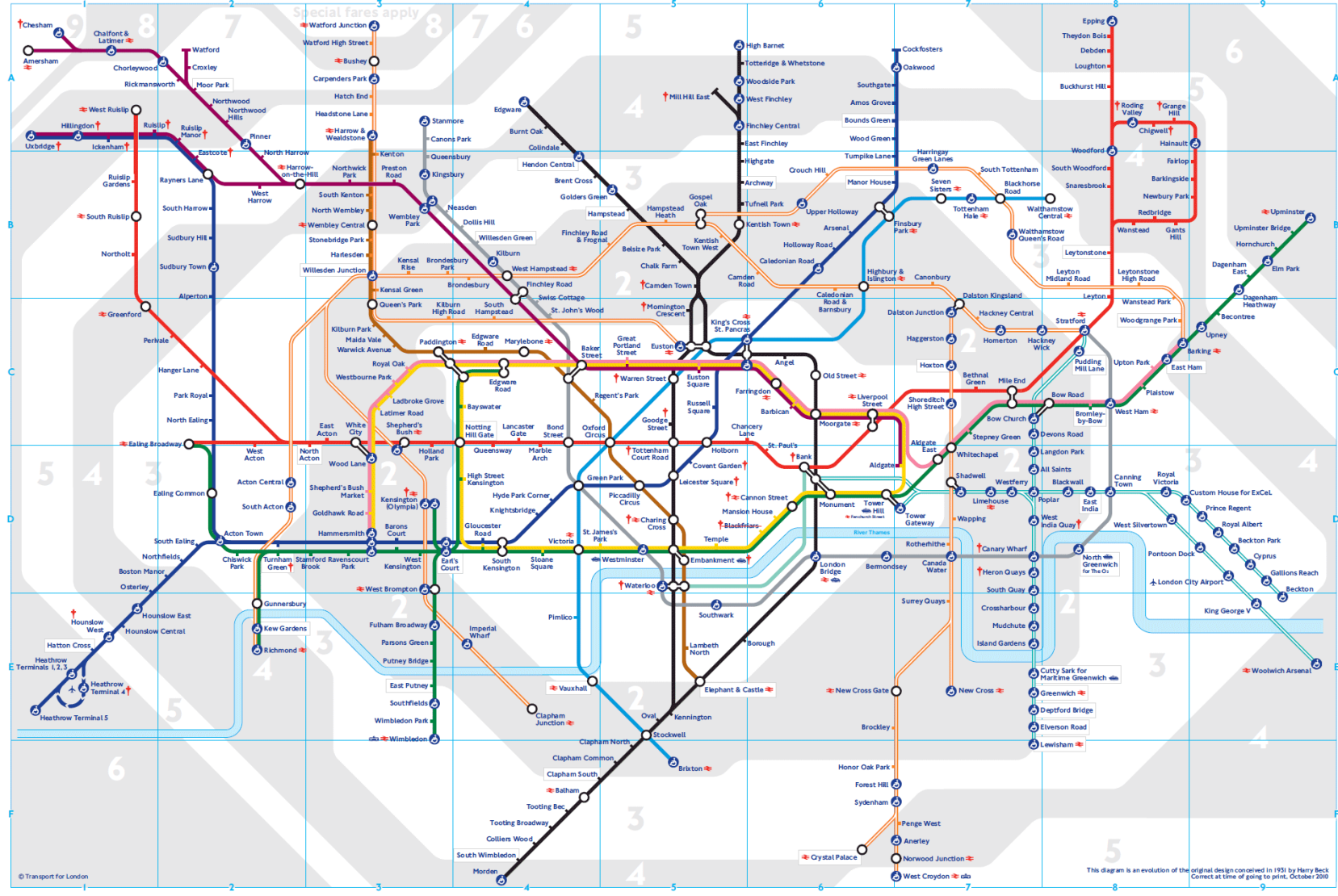
Some people spend more time choosing
their phone than their career!



The path that doesn't exist



Tube map



Key to lines † Check before you travel

Bakerloo	No special arrangements
Central	Chigwell Grange Hill Roding Valley Served until about 2400
Circle	Blackfriars Underground station closed until late 2011 Open until 2100 Mondays to Fridays. Closed Saturdays and Sundays
District	Blackfriars Underground station closed until late 2011 Cannon Street Open until 2100 Mondays to Fridays. Closed Saturdays and Sundays Kensington (Olympic) Served 0700 until 2345 Mondays to Saturdays and 0800 until 2345 Sundays
Hammersmith & City	No special arrangements
Jubilee	Canary Wharf Step-free interchange between Underground, Canary Wharf DLR and Heron Quays DLR stations at street level
Metropolitan	Chesham Change at Chalfont & Latimer on most trains
Northern	Camden Town From 1300 until 1730 Sundays open for interchange and exit only Charing Cross branch Change at Kennington at off-peak times if travelling towards or from Morden Mill Hill East Change at Finchley Central at off-peak times
Piccadilly	Covent Garden A short walk from either Leicester Square (6 minutes) or Holborn (9 minutes) Eastcote to Uxbridge Not served by Piccadilly line trains early mornings Heathrow Open until 2400 Mondays to Saturdays and until 2330 Sundays. Trains may wait for eight minutes before continuing to Terminals 1,2,3 Hounslow West Step-free access for wheelchair users only Turnham Green Served by Piccadilly line trains early mornings and late evenings only
Victoria	No special arrangements
Waterloo & City	Bank to Waterloo Open 0615 until 2148 Mondays to Fridays and 0800 until 1830 Saturdays. Closed Sundays and public holidays
Overground	No special arrangements
DLR	Heron Quays Step-free interchange between Heron Quays and Canary Wharf Underground station at street level West India Quay Not served by DLR trains from Bank towards Lewisham at peak times





Knowing yourself



Things that are important

V

Things I like to do

I

Things that suit me

P

Things I can do

S

Things that are important

Values

Things I like to do

Interests

Things that suit me

Personality

Things I can do

Skills

VIPS Exercise

Complete all 4 sections while listening to following slides

<p>Values</p> <p>List three things that are most important to you when choosing a course/career (e.g. sense of purpose, sharing ideas/opinions, challenge, variety)</p>	<p>Interests</p> <p>Consider three areas/topics of interest you are passionate about (e.g. engineering, software/coding, politics, art/design)</p>
<p>Personality</p> <p>Consider your ideal/preferred study or work environment.</p> <p>(Think about how you like/prefer to engage with people, complete tasks, manage challenges, process info....)</p>	<p>Skills</p> <p>Consider your top three skills (e.g. communication, problem solving etc.)</p> <p>(how would other people who know you well describe you)</p>

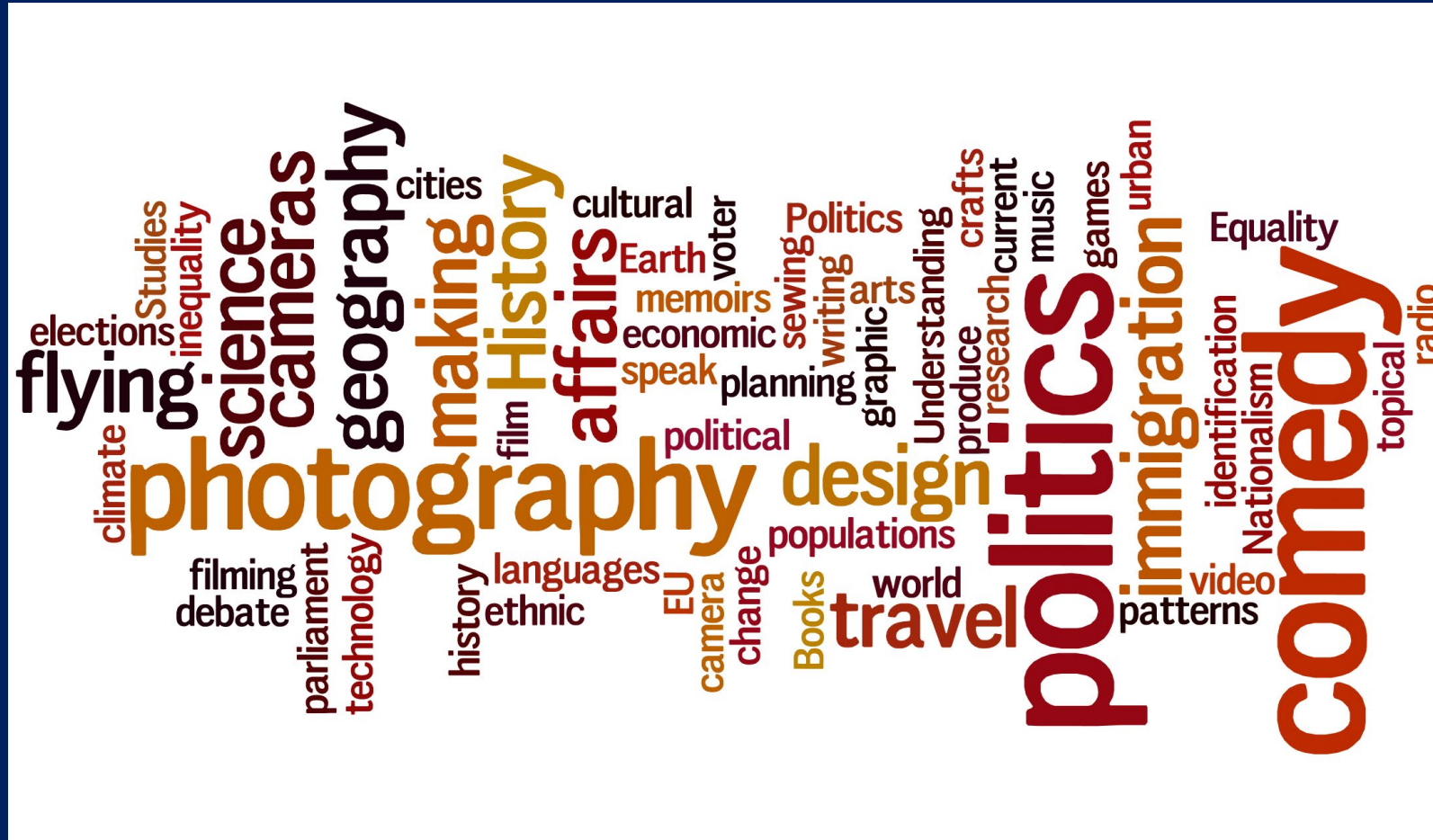
What is
important
to me?
(Values)



Where do I fit? (Personality)



What am I passionate about? (Interests)



What am I
(potentially)
good at, or
want to be
better at?
(Skills)



Self Awareness Tools

Interests/Skills etc.

- www.careersportal.ie – self-assessment – skills/interests assessment and interest profiler (report) – link to suggested careers/related qualifications

Skills, motivations, interests

- www.prospects.ac.uk - what job would suit me? – identify your skills, motivations, interests (matching exercise)

Personality, Values, Learning Style, Interests etc.

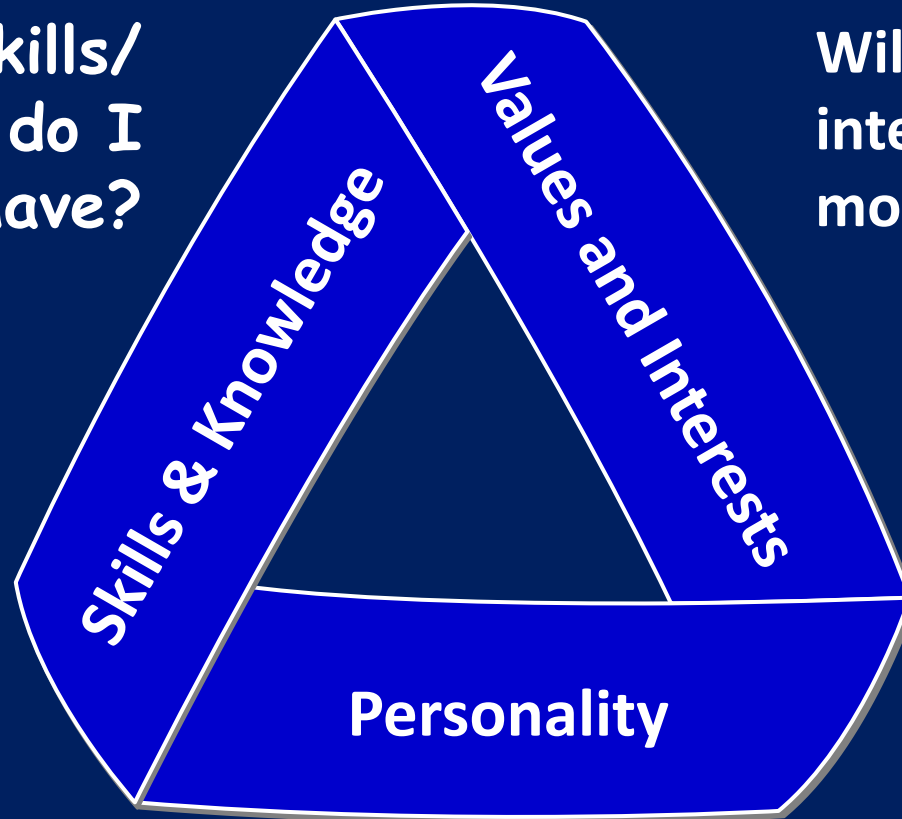
- www.profilingforsuccess.com – take an assessment, e.g. type dynamics indicator, career interest inventory: Client Code: tflhe, Access code: dublinit, Password: dub2010

Consider external factors



My **Job** Choice

What skills/
knowledge do I
have?



Will I do it? Am I
interested and
motivated?

Will I fit the environment/culture?

Knowing what's out there



- Approximately 10,000 occupational classifications
- 2,864 post graduate courses in Ireland,
- 195 countries in the world to visit
- Countless business opportunities.
- Making choices in such a landscape can be confusing!

Sourcing occupational information

- Attend virtual open days/trade events/informational interviews
- Arrange information interviews
- See “My Qualification What Next?” <https://www.tudublin.ie/for-students/career-development-centre/students-and-graduates/my-qualifications---what-next/>
- Secure a period of job shadowing/work experience to find out more about a role
- Check out job profiles on websites such as
 - <https://gradireland.com/career-sectors>
 - <https://www.prospects.ac.uk/jobs-and-work-experience/job-sectors>
 - <https://targetjobs.co.uk/career-sectors>



Home / For Students

Career Development Centre

Career Development Centre

Students and Graduates

Career Coaching

Careers Fairs and Events

Employers

Work Placements

Job Opportunities

Career Development Learning

Further Study

Contact us

Welcome to the TU Dublin Career Development Centre

We know that things are a little different this year, but we are here to support you whether you are a first year finding your feet during your early days at third level or a fourth year thinking about your next career step.

This year, much of our work with you will be online through one to one video calls, virtual workshops and access to a fantastic range of resources on this website. Our primary means of communication with you will be via your university email address, this website and college notice boards/plasma screens.

Read on to learn more about what the Career Development Centre can do to enhance your third level experience.

Online Resources:

This website provides a range of resources the help you define your short and long-term career goals and advice around actions you can take to take ownership of your career journey. Our [Students & Graduates](#) page will provide you with resources to develop an action plan, compile a winning CV and ace your interview!