



TU Dublin Career Development Centre

Information relating to Consultations with Career Coaches

In advance of meeting a Career Coach for a 1-1 Consultation (online or in-person), we would like to you take note of the following information relating to your consultation.

- Your Career Coach will outline the duration of the career coaching session
- You can discuss anything personal or professional
- Everything discussed in the meeting is confidential and will not be shared with other parties. However, there are some caveats to this confidentiality:
 - If you indicate to your Career Coach that you wish information to be shared with another party.
 - If you tell your Career Coach anything that leads them to believe that you either have been, are being, or will be, a harm to yourself, or others, or you raise something that would be considered a child protection issue
 - If your meeting is taking place online, and you are in a shared space for the session, please be aware that those around may hear your conversation, so we recommend that you move to a private space if possible. Further, your Career Coach will also be working in a confidential space during your session.
- After the session you may receive an email via Careers Connect summarising key action points agreed in your meeting and any resources/links relevant to your coaching session.
- You are the expert. The role of the Career Coach is to facilitate, support you to reflect and get clarity on your careers questions as well as empower you to create a future action plan.