

TU DUBLIN STUDENT VOLUNTEERING Making a Difference

Benefits to your future career with
Volunteering – at home and abroad



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DUBLIN
TECHNOLOGICAL
UNIVERSITY DUBLIN

OLLSCOIL TEICNEOLAÍOCHTA
BHAILE ÁTHA CLIATH

**TU DUBLIN
SOCIETIES**

**TU DUBLIN
SPORT**



LOVE YOUR CAREER – BENEFITS OF VOLUNTEERING Opportunities at Home and Abroad

This session will cover:

- WHAT IS VOLUNTEERING
- HOW YOU CAN VOLUNTEER AS A STUDENT
- REWARDS & RECOGNITION:
LEAD, REBEL, RESPECT WEEK, SV AWARDS
- BENEFITS of VOLUNTEERING FOR DEVELOPMENT
- LEVERAGING VOLUNTEERING
1. INTERVIEWS 2. YOUR CV/ LINKEDIN
- GUEST SPEAKER – RECENT GRADUATE
**EVIN HUGHES, FORMER CHAIRPERSON FOR STUDENT
VOLUNTEERING**
- VOLUNTEER SAFELY ABROAD
- VOLUNTEERING TRIVIA IF WE HAVE TIME!

What is Student Volunteering? Are you a volunteer already?!

STUDENT VOLUNTEERING IS UNPAID TIME, GIVEN FREELY, TO ON AND OFF-CAMPUS ENGAGEMENT WITH COMMUNITIES IN IRELAND AND WORLDWIDE.

THIS WORK IS AN **INVALUABLE COMPONENT OF STUDENT LIFE**, BENEFITTING STUDENTS' LEARNING AND PERSONAL, ACADEMIC, AND SOCIAL DEVELOPMENT, AS WELL AS WIDER INDIVIDUAL AND SOCIETAL BENEFITS.

Campus Engage Student Volunteering Working Group 2021





WHAT IS TU Dublin Volunteering? ARE YOU A VOLUNTEER ALREADY?!

ON CAMPUS:

- SOCIETY/CLUB COMMITTEE MEMBER CLASS REPS/ PEER MENTOR STUDENT AMBASSADOR WELFARE CREW / RAG FUNDRAISER (TUDSU)
- RELAY FOR LIFE LEAD WALKER/ DARKNESS INTO LIGHT GRANGEGORMAN STREET CLEAN

OFF CAMPUS -[STUDENTVOLUNTEER.IE](https://studentvolunteer.ie):

- FOOTBALL COACH / CITIWISE TUTOR -FAILTE ISTEACH ENGLISH TEACHER FRIENDS OF THE ELDERLY VOLUNTEER

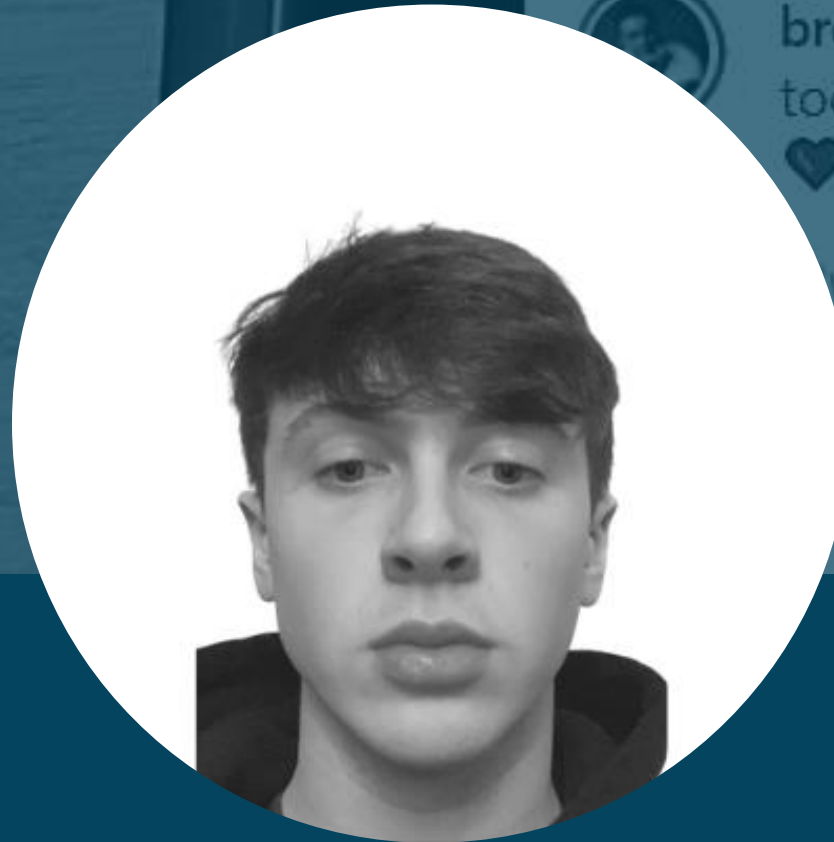


Support, Reward, Recognition for Volunteers



FULL TIME STAFF ROLE
Student Volunteering Co-ordinator

Campus Engage research shows that the HEIs who have 1 or more **dedicated members of staff** to support SV activity perform significantly better in relation to student participation.



SV CHAIRPERSON & COMMITTEE
Student Volunteer Champions led by Chairperson

5 students from across all three TU Dublin campuses rep.d on the committee and student-led projects for volunteering initiated.



LEAD AWARD, TRAINING & DEVELOPMENT, SV AWARDS
LEAD AWARD – 5 SESSIONS – 5 CREDITS
REBEL & RESPECT WEEK TRAINING
SV AWARDS - RECOGNITION FOR CV
incl. PILLAR OF THE COMMUNITY AWARDS

140 students awarded in 2021
Niall Breslin involved via student-led Social Justice Hero Award



WHAT OUR STUDENTS SAID
about benefits they gained:

[https://www.youtube.com/
watch?v=Ykec0u8g4dU](https://www.youtube.com/watch?v=Ykec0u8g4dU)





WHAT OUR STUDENTS SAID

2020/21:

"VOLUNTEERING ALLOWS ME TO DEVELOP SKILLS THAT AREN'T REALLY ADDRESSED THROUGH MY COURSEWORK."

Mark Keegan, TU Dublin SV Representative for Grangeegorman

"STUDENT VOLUNTEERING HAS ALLOWED ME TO GAIN A SENSE OF ACCOMPLISHMENT AND MANY SKILLS INCLUDING TEAMWORK AND COMMUNICATION SKILLS."

Florence Dada, TU Dublin - Access student

Volunteering experience on your CV

Ensure to include all your volunteer experience because it:

- Shows initiative that you got involved in extra-curricular activity
- Demonstrates drive, commitment and discipline
- Demonstrates your commitment to making a positive impact in the world
- Allows you to demonstrate how you have developed soft skills
- Can allow you to fill a gap in your CV



Volunteering experience in your interviews

- Use your volunteer experience to show your experience in your chosen career path
- Include any leadership roles you have held or demonstrate pro-activeness and initiative in your volunteer work
- Use your volunteer experience to show your soft skills.
- These include traits like integrity, flexibility and empathy, adaptability and creativity.
- Most importantly – be able to describe specific situations & examples

<https://www.indeed.com/career-advice/interviewing/how-to-describe-volunteer-experience-in-an-interview>



Volunteering experience on LinkedIn

- It is an ideal way to add a little bit of you to your & your personality to your professional profile
- It's great if it relates directly to your profession but more importantly it shows your your work ethic.
- Volunteer experience can also help beef up your LinkedIn profile if you're new to the workforce or changing careers.



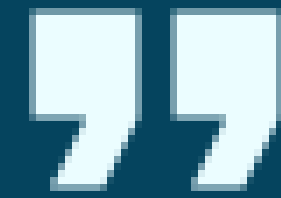
Volunteering ABROAD/ INTERNATIONAL Volunteering

- In recent years, there has been a growing interest in volunteering abroad, often in "developing" countries. This is complex. It can be great for your personal development & confidence and great life experience.
- TU Dublin as a member of StudentVolunteer.ie is a COMHLÁMH CODE OF GOOD PRACTICE SUPPORTER - comhlamh.org/
“We support good practice in international volunteering and are committed to a vision of international volunteers working in solidarity for a just, equitable and sustainable world.”
- 'Making the Decision' is a guide for students considering international volunteering – take a look!



Volunteering ABROAD/ INTERNATIONAL Volunteering

- International volunteering can be:
- Short term (2 weeks - 3 months)
- Medium term (3-6 months)
- Long term (1 - 2 years)
- Sending organisations may be:
- Not for profit : charities, NGOs, governmental organisations or programmes.
- For profit : travel companies, adventure companies
- Our key message is to only volunteer with COMHLAMH recommended organisations, do you research, be ethical, be safe

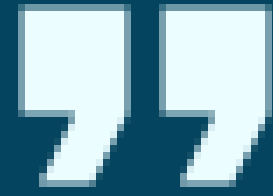


**GUEST SPEAKER RECENT
GRADUATE EVIN
HUGHES:**

**Former Student
Chairperson for
TU Dublin Student
Volunteering**



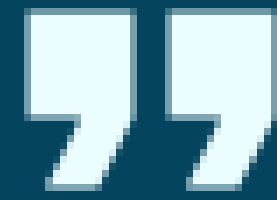
Leadership with peers and in new situations



GUEST SPEAKER RECENT
GRADUATE EVIN HUGHES:



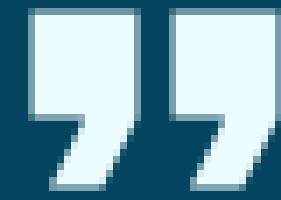
Finding Your Voice & confidence in public speaking



GUEST SPEAKER RECENT GRADUATE EVIN HUGHES:



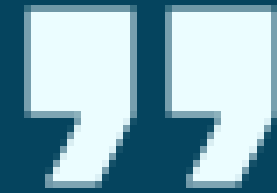
Organisation Skills & Time Management



GUEST SPEAKER RECENT GRADUATE EVIN HUGHES:



Contact Evin



GUEST SPEAKER RECENT
GRADUATE EVIN HUGHES:

LinkedIn:

www.linkedin.com/in/evinhughes

Email:

evinhughes.asr@gmail.com





Volunteering Trivia Time!

- **QUESTION:**
- **How many books did the Dolly Parton Imagination Foundation mail to people in 2018?**

- **Over 1 million?**
- **Over 5 million?**
- **Over 15 million?**



USEFUL LINKS STUDENT VOLUNTEERING

- www.studentvolunteer.ie/tudublin
- Studentvolunteer.ie Online Talk – Volunteering & Your Career November 2021 – <https://www.youtube.com/watch?v=2GUyx1GN4Gs>
- Advice and resources for International Volunteering: <https://comhlamh.org/>

KEEP IN TOUCH

www.studentvolunteer.ie/tudublin

claire.flannery@tudublin.ie

IG - [@tudublinvolunteering](https://www.instagram.com/tudublinvolunteering)

